

**Department of History & Pakistan Studies**  
**Arts & Humanities**  
**University of the Punjab, Lahore**  
**Course Outline**



<b>Programme</b>	BS Pakistan Studies	<b>Course Code</b>	PS/ 303	<b>Credit Hours</b>	3
<b>Course Title</b>	<b>Pakistani Society and Culture</b>				
<b>Course Introduction</b>					
Pakistan has a very rich culture that is preserved in the norms, traditions of this country, throughout history. Many culture practices indicate the richness of its culture. There are many ethnic groups in Pakistan which presents their culture and traditions on regional levels. The cultural aspects like dress, food, day to day activities marriages is the main deposit of Pakistani culture. Pakistan culture has the visible shades of Islam. Pakistan has developed a distinct Islamic identity in this region.					
<b>Learning Outcomes</b>					
On the completion of the course, the students will know:					
<ol style="list-style-type: none"> <li>1. To give basic knowledge of social institution in Pakistan</li> <li>2. To understand the culture of Pakistan</li> <li>3. A brief view of main culture of Pakistan</li> <li>4. To develop cultural tolerance in students</li> </ol>					
<b>Course Content</b>				<b>Assignments/Readings</b>	
<b>Week 1</b>	Society and Culture: Introduction				
	Social systems and levels of social organization. The individual and social organization. The group structure of society. Basic patterns of social organization.				
<b>Week 2</b>	The concept of culture. The impact of culture. Cultural diversity. Cultural adaptation and changes. Sub-culture.				
	Ethnocentrism and cultural relativism.				
<b>Week 3</b>	Stratification and Social Change				
	Strata and Classes. Inequality. Status and lifestyle. Social mobility. Class and society. Traditional Society vs Modern Society. Transformation process of society from traditionalism to modernization. Different perspectives regarding modernization.				
<b>Week 4</b>	Cultural Institutions				
	Family. Religion. Economic and Political Institutions				
<b>Week 5</b>	Pakistani Society				

	Approaches to study the society. Social stratification. Class and caste. Inequality. Status.	
<b>Week 6</b>	Social mobility.	
	Baradari and tribal system. Rural and urban society.	
<b>Week 7</b>	Pakistani Culture	
	Main cultures of Pakistan. (The Punjab, the NWFP, Sind and Baluchistan). Unity in Diversity.	
<b>Week 8</b>	Modernization and Its Impact on Society	
	Modernization and Its Impact on Society	
<b>Week 9</b>	Urbanization. Impact of Urbanization.	
	Internal and International Migration. Positive and Negative Factors. Impact of Migration on Society.	
<b>Week 10</b>	Agricultural Modernization and Its Impact on social system in rural areas.	
	Role of Communication. Education and elites in Social Change.	
<b>Week 11</b>	Industrialization and Technology and its impact on society.	
	Industrialization and Technology and its impact on society.	
<b>Week 12</b>	Social Problems: Poverty and Unemployment.	
	Social Problems: Alienation. Crime and Feuds	
<b>Week 13</b>	Social Problems: Family and Old age	
	Social Problems: Issues of the Youth	
<b>Week 14</b>	Status and Role of Women	
	Status and Role of Women	
<b>Week 15</b>	National Identity: Forces and Factors of National Integration	
	National Identity: Question of Nationalities and Ethnicity in Pakistan	
<b>Week 16</b>	National Identity: Islam and Minorities	
	Crisis of Cultural Identity	

### **Textbooks and Reading Material**

#### **1. Textbooks.**

Abbasi, Muhammad Yusuf. *Pakistani Culture: A Profile*. Islamabad: National Institute of Historical and Cultural Research, 1992.

Qadeer, Muhammad A. *Pakistan: Social and Cultural Transformation in a Muslim Nation*. Routledge Contemporary South Asia Series, 1. Routledge, 2006.

Zahoor, Bilal, Raza Rumi. eds. *Rethinking Pakistan: A 21st Century Perspective*. Anthem Press, 2020.

## 2. Suggested Readings

Abdulla, Ahmed. *The Historical Background of Pakistan and Its People*. Karachi: Tanzeem Publishers, 1973.

Ahmad, Saghir. *Class and power in a Punjabi village*. New York: Monthly Review Press, 1977.

Ahmed, Akbar S. *Pieces of green: the sociology of change in Pakistan, 1964-1974*. Karachi: Royal Book Company, 1977.

Ahmed, Akbar S. *Pakistan Society: Islam, Ethnicity and Leadership in South Asia*. Karachi: Oxford University Press, 1987.

Ahmed, Akbar S. *Social and economic change in the Tribal Areas, 1972-1976*. Karachi: Oxford University Press, 1977.

Ahmed, Feroz. *Ethnicity and Politics in Pakistan*. Karachi: Oxford University Press, 1998.

Akhtar, Shakil. *Media, Religion and Politics in Pakistan*. Karachi: Oxford University Press, 2000.

Ali, Mubarak. *A Social and Cultural History of Sindh*. Lahore: Fiction House, 2017.

Allana, Ghulam Ali. *Sindhi society and culture*. Karachi: Culture Department, 2010.

Amin, Tahir. *Ethno-national Movements of Pakistan: Domestic and International Factors*. Islamabad: Institute of Policy Studies, 1988.

Baqai, Mohammad Sabihuddin. *Social order in Pakistani society*. Peshawar: National Book Foundation, 1975.

Barbu, Zevedei. *Society, Culture and Personality: Introduction to Social Science*. New Jersey: Blackwell Publishers, 1971.

Bertrand, Alvin L. *Basic Sociology: An Introduction to Theory and Method*. New York: Appleton-Century-Crofts, 1967.

Dashti, Jan Muhammad. *The Baloch Cultural Heritage*. Bloomington: Trafford Publishing, 2020.

Eglar, Zekiye Suleyman. *A Punjabi Village in Pakistan*. New York: Columbia University Press, 1964.

Faiz, Faiz Ahmad. *Pakistani Culture aur Qaumi Tashakhus ki Talash*. Lahore: Fīroz Sons, 1988.

Faizi, S.F. Hassan. *Pakistan: A Cultural Unity*. Lahore: SH Muhammad Ashraf publisher, 1970.

Faris, Robert E. L. *Handbook of Modern Sociology*. Chicago: Rand McNally & Company, 1964.

Feldman, Herbert. *Pakistanis: An Introduction*. Karachi: Oxford University Press, 1969.

Feldman, Herbert. *The land and people of Pakistan*. New York: Macmillan, 1965.

Hamid, Abdul. *The Pakistani Way of Life and Culture*. Lahore: The Publishers United Limited, 1964.

Hasan, Sibte. *Pakistan kay Tahzeebi aur Siasi Masail*. Karach: Daniyal, 2009.

Husain, Marjorie. *Aspects of art: an essential textbook for students of art in Pakistan*. Karachi: Oxford University Press, 2012.

Jalibi, Jameel. *Pakistan: The Identity of Culture*. Karachi: Royal Book Company, 1984.

Kalim, M. Siddiq. *Pakistan: A Cultural Spectrum*. Lahore: Arsalan Publications, 1973.

Khuda, Justice Mir. *Searchlights on Baloches and Balochistan*. Karachi: Royal Book Company, 1974.

Quddus, Syed Abdul. *The cultural patterns of Pakistan*. Lahore: Ferozsons, 1989.

Raza, Muhammad Rafique. *Two Pakistani villages; a study in social stratification*. Lahore: Punjab University Sociologists Alumni Association, 1969.

Robertson, George Scott. *The Káfirs of the Hindu-Kush*. London: Lawrence and Bullen limited, 1896.

Rumi, Raza. *Being Pakistani: Society, culture and the arts*. HarperCollins Publishers, 2018.

Şabir, Muhammad Shafi'. *Pakistan: Culture, people & places*. Peshawar: University Book Agency, 1970.

Sherman, Taylor C.; William Gould, Sarah Ansari. *From Subjects to Citizens, Society and the Everyday State in India and Pakistan, 1947-1970*. Cambridge University Press, 2014.

Zaman, Muhammad Qasim. *Islam in Pakistan: A History*. Princeton University Press, 2018.

### Teaching Learning Strategies

1. Weekly Lectures
2. Term Papers
3. Review Essay of selected chapter/article from the reading list
4. Presentations
5. Book Review

### Assignments: Types and Number with Calendar

1. Book Review---- 4<sup>th</sup> Week (5 Marks)
2. Review Essay--- 8<sup>th</sup> Week. (5 Marks)
3. Term Paper-----16<sup>th</sup> week (10 Marks)

### Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
2.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.
3.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.

